FIT INDIA SCHOOL WEEK

24.11.2022

Prime Minister Narendra Modi has launched ‘Fit India
Movement’ on 29th August 2019, with an aim to encourage people to instill
physical activity and sports in their everyday routine. Fit India Movement was
launched with the slogan ‘Discover the new you’.

To take this mission forward, CBSE has decided that each year a total of 06 working days during the THIRD and FOURTH WEEK in November will be celebrated as “Fit India School Week” in all its affiliated schools.

San academy, Pallikaranai celebrated fitness week in the school, in the month of December. Sports and games are a means of mental and physical growth. Sports help us to identify our inborn talent and capabilities and channelize them to achieve our target.

The following activities were conducted with the maximum participation of students.